

Shining Stars School of Performing Arts

WWW.GOSSSPA.COM
301 865-8788

Green Valley Shopping Center
11799 Fingerboard Rd Suite 101
Monrovia, Maryland 21770

2010 RECITAL PACKET

DRESS REHEARSAL:	RECITAL:
5:30 PM WEDNESDAY, JUNE 16 <i>ARRIVE BY 5:30 PM</i>	2:30 PM SUNDAY, JUNE 20 <i>STAFF AND VOLUNTEERS ARRIVE BY 1:30 PM</i> <i>PERFORMERS ARRIVE BY 2:00 PM</i>

It is with great pleasure that we welcome your participation in this year's show. We strive to produce a recital that is entertaining for our audience and a happy and proud experience for our students. This packet of information serves as an important communication with parents. We appreciate the opportunity to share this special event with you and your family.

RECITAL FEE:

This year's recital fee was added to your account earlier this year. This fee helps cover expenses such as: theatre rental, technical crew, scenery, and programs. We do not sell tickets to the show, so without this fee we could not have a recital.

COSTUMES:

Studio-ordered recital costumes will be handed out to each class upon their arrival. Parents are responsible for any alterations that need to be made prior to the show. Please do not let your child wear their costume before the show. After receiving your costumes, please remove them from their packaging, steam/smooth any wrinkles, and hang in a safe place until the show. Those classes making their own costumes should have them ready by the week of May 10 – 16. Those costumes should be brought to class that week for approval by SSSPA.

VOLUNTEERS:

Do you still need volunteer hours? We need you! Please fill out and turn in the form at the end of the packet by May 16 if you are interested. Positions are first come, first served.

USHER (6 people per recital)

Hands out programs before the show. Helps with concessions during intermission. Watches show from audience. Does not go backstage. 1 hour.

DRESSING ROOM ATTENDANT (2 adult women per dance class)

Stays in dressing rooms. Helps with changes, supervision and organization. Required at rehearsal. For those who want the performers to look their best/be with their child during the show. 5 hours.

RUNNER (2 adults dressed in all black per recital)

Moves mats and gets performers from dressing rooms to stage. Required at rehearsal. Good if you like to be active and in the wings. Must wear all black and comfy shoes. 5 hours.

PLEASE READ THE WHOLE PACKET – IT'S FULL OF HELPFUL INFO!

RECITAL DAY PREPARATION

WHAT WE DO AT SSSPA:

- We practice performing the recital dances.
- We invite people to act as the audience.
- We practice entering and exiting the stage.
- We discuss how dark the backstage will be and demonstrate by turning out the lights.
- We provide music and dance notes where practicable (esp. for more advanced classes).
- We try to convey the fun of the recital and dance experience. As important as it is to perform dances in a technically correct manner, it is just as important to bring a joy in movement and a positive attitude to make the experience as enjoyable as possible for all.

WHAT YOU CAN DO AT HOME:

- Talk about the upcoming recital with pleasure.
- Let your child know that this event is special and making time for it is not a burden.
- Be encouraging and positive when your child chooses to practice.
- Applaud your child and praise them for courage for performing in front of others.
- Discuss the recital process and let them know you will be in the audience watching.
- Unless they ask for your help, don't offer criticism.
 - If you think your child needs help, please discuss the issue with the teacher.
 - Options include videotaping the dance in class or private lessons.
- Arrange babysitters/carpools, etc. so you can give your child your undivided attention.
- Arrive at the assigned time for rehearsal and recital so your child has time to prepare.
- Label *everything* with your child's name. Yes, that includes shoes, tights and makeup.
- Remove nail polish well in advance – even clear nail polish turns black on video.
- If your child is in multiple dances, sort costumes by putting them in separate bags.
- Check that the costume is “recital ready” (straps attached, steamed, with accessories).
- Put costumes in a dress bag or dry cleaner cover and keep them with “special” clothes.
- Include your child in plans for the recital day – let them help pack the “recital bag.”
- Create a “recital bag” for your performer (label all items with the performer's name).
 - Include:
 - Water
 - Dance shoes
 - Tights (include an extra pair if possible for emergencies, even if it has runs)
 - Safety pins
 - Hair ties, hair net and bobby pins (same color as hair)
 - Brush, comb, or pick
 - Hairspray / hair gel (in a Ziploc bag)
 - Lipstick and other makeup (in a Ziploc bag)
 - Change of clothes (for after the recital or for emergencies)
 - Quiet activity (ex.: book, jigsaw puzzle, coloring book with crayons)
 - Don't Include:
 - Food, candy or gum of ANY sort
 - Any drinks except water
 - Cell phones, electronic games, jewelry or other valuable items
 - Markers, paint or pens
- This is an event that you & your child will remember – make it a fun and happy memory!

REHEARSAL AND RECITAL LOCATION:

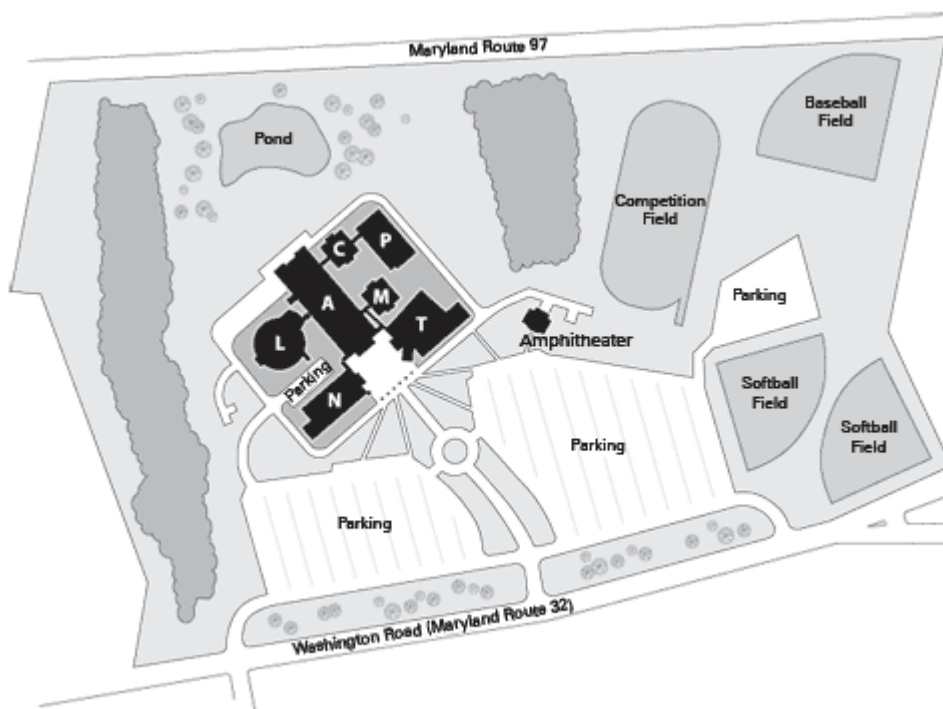
We will be performing at the Carroll Community College Theater (Building T on the map below) located at 1601 Washington Road in Westminster, MD 21157.

From Washington, DC

Take 355 North to 495 East (Washington Beltway) to 270 North. Take Exit 16, Route 27, towards Damascus. Follow Route 27 through Damascus continuing through the intersection of Route 26, Liberty Road (approximately 14 miles). Approximately 10 miles beyond Route 26, make a right turn onto Kate Wagner Road. This road ends at the intersection with Washington Road (Route 32). Turn right. The Carroll Community College entrance is ¼ mile on the left.

From Frederick

Take I-70 East to Exit 68. Travel northeast on Route 27, continuing past the intersection of Route 26, Liberty Road, (approximately 14 miles). Travel another 10 miles and make a right turn onto Kate Wagner Road. Road ends at the intersection with Washington Road (Route 32). Turn right. The Carroll Community College entrance is ¼ mile on the left.



DRESS REHEARSAL:

ALL RECITAL PARTICIPANTS MUST ATTEND DRESS REHEARSAL. We will be running the show in order and will NOT rehearse the finale. Performers are free to leave or sit & watch the show after the finish their last dance and sign out. All other recital day rules & guidelines apply.

SHOW DETAILS:

LENGTH:

The recital will have two acts, divided by a short (15 minute) intermission. Each act is approximately an hour and fifteen minutes. At the end of the show, there is a large finale where all performers take a bow and SSSPA staff members are introduced. Performers should stay backstage for the entire show.

ARRIVAL:

Performers should arrive promptly for rehearsal and 30 minutes before the show. Have hair and makeup done BEFORE you arrive. There will be a sign-in sheet located at the backstage entrance. You must sign in before you enter backstage. Backstage volunteers will pick up their badges at sign in. ONLY PERFORMERS AND POPEL WITH BADGES ARE ALLOWED BACKSTAGE.

COSTUMES:

Label ALL costume pieces, leotards, tights, shoes and any miscellaneous items with the performer’s name and deliver to assigned area in an organized manner, ready for costume changes. Be sure that all costume pieces AND shoes are marked with the performer’s name. No jewelry (except wedding bands) or nail polish may be worn. Underwear should not be worn as tights have a cotton lining that serves as a substitute.

If the performer is in multiple dances, please make sure that individual costumes are organized with all accessories, tights and shoes. Ziploc bags are great for keeping costumes clean and organized. Students should wear tan tights and pull pink tights over the tan tights as needed.

TIGHTS:

Class	Tight Color
Ballet/Pointe/Combo Ballet/Combo Tap	“Ballet Pink” (We recommend Capezio Brand)

NOTE: Pre-Pointe and Pointe performers may need convertible tights

Jazz/Hip-Hop/Lyrical/Tap	“Suntan” (We recommend Capezio Brand)
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NOTE: Lyrical performers may need convertible tights for Dance Paws

SHOES:

Class	Shoe Type
Tap	Tap Shoes
Jazz/Hip-Hop	Jazz Shoes/Sneakers
Ballet	Pink Ballet Shoes (Black for male dancers)
Pre-Pointe	Demi-Pointe Shoes
Pointe	Pointe Shoes
Lyrical	Dance Paws (all classes) OR Pink Ballet Shoes (Option for Tyro & Int.)

MAKE-UP:

Stage lights wash out performers. We recommend using heavy makeup including red lipstick, pink blush, eye shadow, mascara, foundation and eyebrow pencil for light eyebrows. Boys should check with their teacher. No nail polish – not even clear or light pink!

HAIR:

Beginner Combo and boys should check with the teacher for hair directions. For all other classes, hair is in a low ballet bun for all dances (instructions included below). Bangs should be gelled/sprayed back from face. Bring extra to the show (esp. bobby pins).

FLOWERS:

Single roses will be available for \$2.00 at the show as part of a SSSPA school fundraiser.

PICTURES AND VIDEOTAPING:

No video cameras or photography permitted during the dress rehearsal or recital. It is distracting to the audience and dangerous to performers when the auditorium lights are down. People who use such items will have them confiscated until after the show or be asked to leave.

PICKUP & DEPARTURE:

Beginner Combo students: Parents can pick their children up on stage at the end of the finale. Parents will be called up on stage by order of class, go backstage for their belongings and *sign out*.

Tyro and up students: After the Beginner Combo students are released, performers are sent to meet their parents in the dressing room to pick up their belongings and *sign out*.

SIGNING IN AND OUT:

Why do we make you sign the performer in and out at the beginning and end of the show? We take the responsibility of your child's safety seriously. By signing in and out, we have a record of where your child is and who is responsible for your child's well-being. As recitals can be hectic, we have found that this is the best way to keep track and avoid losing someone. We greatly appreciate you taking the time to do so. If you are an older performer (old enough to drive), you can sign yourself in and out. For all others, we ask that the parent or guardian signs in and out on behalf of the performer. Please note that we do have backstage security to enforce our rules.

BACKSTAGE ETIQUETTE:

- NO switching dressing rooms or assignments.
- NO touching anyone else's personal property.
- NO locking dressing room doors.
- NO running.
- **BE QUIET** when not onstage.
- Don't go to wings without being called by the runner.

RULES AND GUIDELINES:

- **NO FOOD OR CANDY** backstage – NO EXCEPTIONS!
- **NO DRINKS EXCEPT WATER!**
- **NO** electronic games or cell phones backstage!
- **DO** bring a quiet activity such as a book or crayons (not markers) and paper.
- Remember mirror lights are **HOT** when on.
- Do not bring valuables backstage. SSSPA is not responsible for lost or stolen items.
- Clean up after yourself.
- All items found backstage after the finale will be thrown away.
- **CAST AND CREW ONLY BACKSTAGE.**
- **NON-VOLUNTEERS ARE NOT PERMITTED BACKSTAGE UNTIL AFTER FINALE.**

QUESTIONS:

Call us at 301-865-8788 or e-mail us at info@gosspa.com. For emergencies the day of recital ONLY, call the Stage Manager (Miss Katie) on her cell at 301-768-6445.

HOW TO MAKE A LOW BALLET BUN

MATERIALS:

- Spray bottle or glass filled with water
- Hairspray
- Hair gel
- Bobby pins
- Hair ties (same color as hair)
- Comb & brush
- Hair net (Fine net the same color as hair. Available at some drugstores or discountdance.com – look for Goody or Bunhead brands)

PROCEDURE FOR LONG HAIR (SHOULDER LENGTH AND LONGER):

- 1) To start the process, lightly spray hands and hair with water (or dampen with a comb dunked in water). This will give you better control over the hair. It is better NOT to have freshly washed hair for this. Gather the hair and pull it back. Apply a little hair gel to the hair. Leave bangs alone for now.
- 2) Use a brush to smooth out uneven areas and eliminate any “parts” in the hair. Use gel or hairspray to pull bangs back. Form a pony tail by brushing the hair to the nape of the neck. This makes a low bun.
- 3) Use an elastic hair band to secure the pony tail tightly to the head. A tidy pony tail with hair drawn snugly back is the key to making a good ballet bun.
- 4) Apply more water or gel to the ponytail to keep the hair neat, and twist the pony tail, coiling it into a tight circle around the elastic band and against head.
- 5) Use pins all around the coil to secure it to the rest of the hair. Slide each pin through the outer part of the coil, then into the base of the bun.
- 6) Wrap a fine hair net around the bun. Keep twisting and wrapping so that the hair net tightly secures the bun and secure net with a few more pins. Make sure the hair net is the same color as the hair. For extra hold, when the bun and hair are all secure, use hairspray.

PROCEDURE FOR SHORTER HAIR THAT WILL FIT INTO A SHORT PONYTAIL:

Follow same procedure as for Long Hair through step three.

- 4) Braid ponytail as far as possible, then secure end with elastic. Fold end of braid under and press it flat against head. Secure in place with hairpins. Use bobby pins to secure “wispsies” and spray with hairspray. You can also add a hair scrunchie and secure it with a hair net/bobby pins for a larger bun look.

PROCEDURE FOR VERY SHORT HAIR:

- 1) Damp hair with spray bottle or comb dunked in water and comb a bit of gel through the hair.
- 2) If possible, make a small ponytail low at back of head.
- 3) As you comb hair back, secure with bobby pins, then spray hair with hairspray for extra hold.

2010 RECITAL VOLUNTEER FORM

RETURN BY MAY 16

Name: _____ Phone: _____

E-mail: _____

Performer Name: _____

Be part of the production team and get to know our wonderful SSSPA family! Parent/Adult Volunteers are needed to assist our performers in looking their best. Please indicate your willingness and ability to help by checking the boxes below. Volunteers will be contacted by Miss Katie M. to confirm and finalize arrangements.

Ushers hand out programs before the show and run concessions during intermission.

Dressing room attendants stay in the dressing rooms and supervise students who are waiting to go onstage.

Runners bring classes from the dressing rooms and line up classes in the wings. They must wear black and comfortable shoes.

I can help with:

Usher Dressing Room (Rehearsal & Recital) Runner (Rehearsal and Recital)

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